

Sachem North Nurses Office

Welcome to the Nurse's Office at Sachem North High School



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Ms. Diane Kuethman RN

Mrs. Dorothy Farrell RN



Mrs. Michele Lee RN

****For all forms and information, please see**

see

[Health Services](#)



Sports Physicals for Athletes being offered for the 2025-2026 School Year

SACHEM NORTH HS

Boys and Girls

**Thursday, May 29th,
@ 2:30 pm**

Sports Physical forms can be downloaded on the athletic website <http://www.sachem.edu/departments/athletics> or picked up in the Nurse's Office.

Please contact the building nurse with any questions related to your child's sports physical.

(631-471-1400 X 5640)

Sport Clearances

All sports will be cleared through Final Forms only.

Access to Final forms opens 30 days prior to the start of your sport season.

Do not give paperwork to your Coach, Secretaries or Administrators.

Do not mail it.

You will receive an email when your Child / Athlete is cleared through final forms.

Only upload physicals to final forms.

Remember to upload orders for **ANY** medications and MD clearances **you need**.

All medical history including all injuries (past and present) & allergies must be documented on final forms.

You will not be cleared without completed forms and accurate medical history.

Do Not wait until the last minute to try and get cleared, the nurses **Will Not** be able to handle last minute clearances.

It is the responsibility of the child and parent to upload paperwork on final forms.

School Physicals:

New York State requires all 9th & 11th grade students and new entries to the Sachem District have a physical on file with the school.

If your child has had his/her physical, but has not turned in the physicians form, please do so **as soon as possible**.

Students who have not turned in documentation of a physical will be examined by the school physician.

If you have any questions or concerns, please contact the school nurse at 471-1400 ext. 5640

Sachem School District children will be screened for the following

Grade 9: Scoliosis (Boys only)

Grade 11: Distance & Near Vision Screening , Hearing Screening

IMMUNIZATIONS

All students must be immunized by NYS regulations.

For more information, please visit www.schoolhealthservicesny.com

Student entering 12th grade **REQUIRE**

a "Meningitis A" vaccine after the age of 16.

IMPORTANT REMINDERS!

****If a Doctor or Specialist requests a student not participate in physical education or sports, the NURSE must receive a note from that doctor before they will be allowed to return to gym or sports****

****If you weren't cleared to play physical education when the school year ended in June, we need the clearance from the Physician to allow you to play or an updated medical note to keep you out in September****

****If a student requires any medications, even over the counter medications (Advil, Tylenol...etc.) the Nurse needs a prescription from the doctor.**

Under NYS Nurse's Laws, the Nurse may not administer any medications without a prescription.**

As always, please contact the Nurses office with any questions or concerns.