

Sachem High School East

Hilltop Herald



***“IT’S NOT WHAT YOU WANT TO DO, IT’S
SOMETIMES WHAT YOU HAVE TO DO IN ORDER TO SUCCEED”***



**First Day of School
Tuesday
September 6, 2022**



Principal's Note: Mr. Lou Antonetti

Dear Parents and Students:

By the time you view this issue of the Hilltop Herald, opening day of school will be here before you know it. I hope that you and your family had an enjoyable summer spending time with family and friends and I am certain you will find that the remaining days of summer vacation will pass by very quickly.

The first day of school is Tuesday, September 6, 2022. In preparation for that day and to keep in mind throughout the year, please read below:

We have great people working within the walls of our building. It is amazing to see the many accomplishments we have already achieved as a group and we hope to build upon the camaraderie that already exists.

As a school we want to build a culture of trust and positivity alongside people who deserve it. At East we want to promote a tradition of excellence for years to come. Many people ask me how it feels to be empowered in my position as principal. I do not consider myself anyone's superior, we are all members of a team and must help each other accomplish the goals we envision. The empowering part of my job is being able to work with a first class group of students and professionals on a daily basis who understand the true meaning of effective teaching & learning. The type of education we are trying to promote extends far beyond the classroom walls and hopefully will prepare our students to be successful, productive members of society.

One thing I want to express to our students is that they all have the same thing in common, and that one thing is "last year." What happened last year remains in the past. The current school year provides you with a clean slate, so any regrets or mistakes that you made last year can be corrected and learned from. As I speak with students who enter the building during the summer I encourage them to be leaders amongst their peers and classmates. As students you must understand that things will not always go your way while remembering that giving your best effort is all we can ask of you. It is how you react to adversity and tough times that will define who you are. Remember to act as if your parents will witness everything that you do. It is important for you to realize that a person's character is determined by what they do when nobody is watching.

Being that you only get one shot at high school it is vital for you to understand that you are creating your future with your present attitude. A person's character follows them wherever they go and I have never met someone who was able to buy back their reputation. The electricity that students bring to a school is amazing and we hope to keep the positive vibe going throughout the school year. It is very easy to get wrapped up in the negativity of the world and that's why all teachers and students are asked to leave their **N**egativity, **I**mpatience, **C**omplaints and **E**go at the door in order for them to have a N.I.C.E. day every time they enter the doors of East!

The first day of school is Tuesday, September 6, 2022. I would like to highlight the following information:

SCHEDULES WILL BE VISIBLE ON THE PORTAL (Date TBD).



When you come to school on the first day, you will report to your 1st period class ("A" Day).

- **"Freshman Preview/Academy"** is August 23 students (A-L) and August 24 students (M-Z). Preview for parents and students from 9:00 am to 10:00 am and Academy for students only from 10:00 am to 12:00 pm. RSVP information on the Sachem East website.
- When you arrive at East, you should enter the building from the east side (opposite the athletic field bleachers) and proceed to the auditorium which will be on your left as you walk into the building. After a brief presentation, you will be able to tour the building and see where your locker is located. You will keep the same locker for four years.
- **Note to 10-12 grade students:** You will use the same locker that you were assigned last year until you graduate. Your locker number and combination will be provided on your schedule when printed.
- **Seniors:** If you plan on driving to school and submitted an application for a parking permit, you should check the website for updated information regarding parking sticker distribution. Any questions, please contact Mr. Perlongo's office at: (631) 716-8200 ext. 5130 for specific information.
- **Senior Portraits** will be July 25 to July 29 and makeups will be October 3 & 4.
- **Open School Night** October 13.
- **Underclassman Portraits** will be September 12 to September 15 and retakes will be November 7.
- **BOCES: Students enrolled in a BOCES course please note:** BOCES classes will begin on September 6th. You will receive a letter by the end of August explaining your first day of school procedures. If you do not receive a letter from Mr. Cariddi by then, please call his office at (631) 716-8200 ext. 5120 for information

Sincerely,

A handwritten signature in black ink that reads "Lou Antonetti".

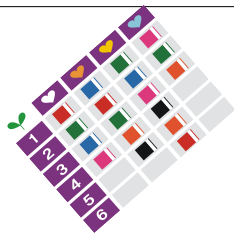
Lou Antonetti, Principal

Tuesday, September 6, 2022



PLEASE NOTE: Upon entering the building on Tuesday, September 6th students will report directly to their first period class (“A” Day).

REMINDER: students are required to print their schedule from the eSchool parent portal system prior to reporting to school on September 6th. Schedules will print with locker information. To ensure each schedule will print with the locker information, be sure to click on the printer icon rather than selecting file/print when doing so. A regular lunch will be served during the lunch periods.



All students must follow their printed schedule until they have met with their Guidance Counselor to make any necessary schedule changes



For Parents and Students

1. From the LIE, proceed north on North Ocean Avenue, Rt. 83 also called Patchogue-Mount Sinai Road.
2. Continue north past Granny Road (do not turn onto Granny Road).
3. Exit at the Bicycle Path ramp (towards Brookhaven Town Hall).
4. At bottom of ramp make a right turn onto Bicycle Path go approximately 2/10th of a mile to the traffic light at Independence Hill.
5. At the traffic light make a left onto Independence Hill toward Brookhaven Town Hall (formerly Allstate Drive).
6. Go up Independence Hill approximately 1/10th of a mile, make a right into student parking lot.
7. Security will direct you once in the parking lot.

To Exit School

1. Leave school parking lot, turn left onto Independence Hill.
2. At the bottom of the hill turn right onto Bicycle Path.
3. Take Bicycle Path and go under County Road 83.
4. Make a left turn immediately after going under County Road 83.
5. Proceed up the ramp entering onto County Road 83 South.

It is against the law for any Student to drive to school with a Junior License

***PLEASE NOTE THAT THE MAIN GATE LOCATED ON GRANNY ROAD
IS FOR BUSES AND STAFF MEMBERS ONLY!***



NEWS & NOTICES

ATTENTION PARENTS



Please do not forget to telephone the attendance office when your child is sick or absent from school. Failure to do so will result in an illegal absence on your child's permanent record.

When picking up a child for early dismissal, please have them bring a note to the attendance office first thing in the morning to facilitate prompt dismissal. Without advance notice, we cannot guarantee dismissal in a timely fashion.

Students will only be released to a parent or guardian with proper identification. Should someone other than a parent or guardian need to pick up a student, please send in a note giving permission along with a phone number where you can be reached to confirm the dismissal.

Attendance Phone Number:
(631) 716-8200 ext. 5141

CASTLE LEARNING

We are pleased to announce that all Sachem students now have access to Castle Learning Online. This web-based tool will allow your child to review, do homework assignments, and take practice exams in Math, Science, Social Studies, English and L.O.T.E. from any internet connected device.

Please see the links below for parent and student information. Your child should use the following to access their account:

LOGIN: sac.firstinitiallastname

PASSWORD: Student I.D.#

CONTACT/HEALTH EMERGENCY INFORMATION PARENTS TAKE NOTICE

Contact Information as well as Health Emergency Contact Information will now be available to update on the Parent Portal. **This information is very important to us and for your child. Please verify this information and make any changes that need to be made accordingly. You will NOT BE ABLE TO VIEW YOUR CHILD'S SCHEDULE WITHOUT FIRST VERIFYING YOUR CONTACT INFORMATION.**

NYSED requires an annual physical exam for new entrants, students in Grades 9 and 11, sports, working permits and triennially for the Committee on Special Education (CSE). Physicals need to be returned to the Nurse's office by October. If a physical is not presented to the nurse, the student will be seen by the school doctor by the end of the school year. Sports physicals must be dated within a year of previous physical and will be valid for the entire school year. They should be submitted with parent permission slip signed.

To obtain the Physical Exam form visit www.sachem.edu and click Physical Exam form in the News and Notices box at the bottom right corner of the page.

Parent Portal

This is a real-time method of tracking your child's attendance and academic performance. It can also be used to email a teacher.

Please forward any problems or questions related to the portal to:

Esdparentportal@sachem.edu Phone number: (631) 471-1360

CLASS OF 2023

ATTENTION: TO ALL PARENTS OF POTENTIAL GRADUATING SENIORS:

Cap and gown information cards will be distributed in your child's physical education class during the first week of school for them to complete. It is imperative that the following correct information be printed clearly on these cards.

- ◆ Your son/daughter's legal name (please indicate the middle name or middle initial of your child).
- ◆ Your son/daughter's height and weight: for cap and gown purposes.

The name on their diploma will be printed exactly as it appears in E-School. Middle names can be added in. If they supply incorrect or illegible information, reprinting the diploma may be at the parent's expense.

PARENT-TEACHER ASSOCIATION

JOIN THE SACHEM HIGH SCHOOL EAST PTA

One of the many groups working behind the scenes at Sachem East is the PTA. As always, they have been invaluable in their support of the school community and are a major factor in making things happen at the campus. Please take a moment to support them.

Membership is \$10.00. Please use the form at the bottom and place in an envelope addressed to Sachem H.S. East PTA, 177 Granny Road Farmingville NY, 11738 or join on line at

<http://sachemeast.memberhub.com/store>.

*****You must be a member for your child to be eligible for a PTA Scholarship.*****

You can do so much for so little...please join the PTA

If you are interested in being an active member of the Sachem H.S. East PTA you can e-mail PTA President Gina LaCarubba at

ptasachemeast@yahoo.com



Name _____ Child's Name _____

Address _____

Grade _____ Card # _____
(For Office Use)

Make Your \$10.00 Check Payable to Sachem HS East PTA

FRESHMAN PREVIEW/ FRESHMAN ACADEMY

Freshman Preview/Freshman Academy

August 23 Students (A-L)

August 24 Students (M-Z)

**9:00 am to 10:00 am Preview AND WALK THE BUILDING—
Parents and Students**

10:00 am to 12:00 pm Academy-Students Only

Get your first look at
Sachem High School East



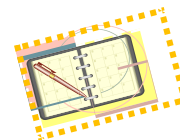
Preview begins with a presentation in the Auditorium for both students and parents

Academy will follow **Preview** and is for students only

After the presentation, parents and students are free to tour the building and find their lockers. At 10:00 parents will leave the building and students will begin their workshops.

MAPS WILL BE AVAILABLE

**Tour the building
locate your locker
Try your locker
combination**



1					
2					
3					
4					
5					
6					

Guidance Notes

Sachem High School East Asst. Principal Guidance Breakdown



HS East Guidance
631 - 716 - 8200 ext. 5110



Counselor	9th	10th	11th	12th
T. Moon	A - B	A - Cao	A - Br	A - Bn
W. Corrigan	C - D	Cap - Di	Bu - C	Bo - C
S. Iadanza	E - Ha	Do - G	Da - Fe	D - Fh
C. Aliperti	He - La	H - K	Fi - Ha	Fi - Hoq
J. Cruz	Le - Me	L - Ma	He - Le	Hor - Ln
N. Koerber	Mi - Pen	Mc - No	Li - Me	Lo - Mol
M. MacLellan	Per - Ro	Nu - Ra	Mi - Pi	Mom - Q
R. Chisari	Ru - S	Re - Sh	Pl - Sa	R - Sd
F. Ciancimino	T - Wi	Si - U	Sc - Wee	Se - V
K. Dunseith, Chair	Wo - Z	V - Z	Wei - Z	W - Z

IMPORTANT SCHOOL PHONE NUMBERS:

Main Number: 631-716-8200

Principal:

Mr. Lou Antonetti ext 5101

Assistant Principal:

Ms. Lisa Pesce (A-D) ext 5125

Ms. Coleen Flanagan (E-L) ext 5115

Mr. John Cariddi (M-R) ext 5120

Matthew Perlongo (S-Z) ext 5130

Nurses:

Ms. Samantha Saponieri (A-I) ext 5241

Ms. Dawn Russ (J-Q) ext 5243

Ms. Kim Monsen (R-Z) ext 5242

Student Services: ext 5177

Attendance: ext 5141

Student Schedule Change Request

Changes to a student's schedule that are made after the school year begins interfere with the educational process, affecting not only the student requesting the change, but also the other students in the classes involved. Therefore, to eliminate arbitrary requests for changes to a student's schedule, one or more of the following guidelines must be met in order for a schedule change to be considered:

1. **Missing a course:** The student's schedule does not contain a full 8-period day of required or elective courses.
2. **Failure resolution/not satisfying a course pre-requisite:** A student did not pass a course required for enrollment in a subsequent course of study.

Guidance counselors will not process any student or parent-initiated requests for a schedule change after the school year begins. If one of the above guidelines applies to your request for a schedule change then you can schedule an appointment to meet with a guidance counselor.

Finally, students and parents should note that we do not honor requests for students to be scheduled for a particular teacher's class.

WITHDRAWING FROM A COURSE:

If a student withdraws from a course within the 6 week window; grades transfer to the new course. A "W" (withdrawal) is placed on the transcript if they choose not to take another class.

If a student withdraws from a course after the 6 week window; the student will receive a "WP" (withdrawal passing) or a "WF" (withdrawal failing) depending on the grades at the time of the withdrawal.



IMPORTANT NOTICE FOR SENIORS

SAT Information:

- The **August 27, 2022 SAT** registration deadline is **July 29, 2022**. Late registration deadline is until **August 16, 2022**.
- The **October 1, 2022 SAT** registration deadline is **September 2, 2022**. Late registration deadline is until **September 20, 2022**.
- The **November 5, 2022 SAT** registration deadline is **October 7, 2022**. Late registration deadline is until **October 25, 2022**.
- The **December 3, 2022 SAT** registration deadline is **November 3, 2022**. Late registration deadline is until **November 22, 2022**.
- The **March 11, 2023 SAT** registration deadline is **February 10, 2023**. Late registration deadline is until **February 28, 2023**.
- The **May 6, 2023 SAT** registration deadline is **April 7, 2023**. Late registration deadline is until **April 25, 2023**.
- The **June 3, 2023 SAT** registration deadline is **May 4, 2023**. Late registration deadline is until **May 23, 2023**.



YOU CAN REGISTER FOR EITHER TEST DATE AND LOOK UP OTHER TEST DATES BY QUICKLY GOING ONLINE TO www.collegeboard.com

ACT Information:

- The **September 10, 2022 ACT** registration deadline is **August 5, 2022**. Late registration deadline is **August 19, 2022**.
 - The **October 22, 2022 ACT** registration deadline is **September 16, 2022**. Late registration deadline is **September 30, 2022**.
 - The **December 10, 2022 ACT** registration deadline is **November 4, 2022**. Late registration deadline is **November 11, 2022**.
 - The **February 11, 2023 ACT** registration deadline is **January 6, 2023**. Late registration deadline is **January 20, 2023**.
 - The **April 15, 2023 ACT** registration deadline is **March 10, 2023**. Late registration deadline is **March 24, 2023**.
 - The **June 10, 2023 ACT** registration deadline is **May 5, 2023**. Late registration deadline is **May 19, 2023**.
- Go online to www.act.org to register.

The CEEB Code for **Sachem East** is **331-884** (used for both the SAT and ACT).

Test Center Codes for Sachem East: SAT – 33-544 ACT – 191390

Locker Information

Students in grades 10 - 12 will be using the locker which was assigned to him/her in their previous year(s) at Sachem HS East. All incoming 9th grade students and new students will be receiving a locker. This pre-assigned locker will be used for the remainder of his/her years at Sachem High School East. Remember to treat it with care!



Advanced Placement Course Requirements

Dear Parents/Guardians/Students,

During the 2022-2023 academic year, the Sachem Central School District will recognize students who fulfill specific Advanced Placement course requirements. These requirements will allow students to complete their studies in a wide range of courses which will qualify them for the Advanced Placement Diploma Designation. We would like to formally recognize all Sachem students who are pursuing our District's most rigorous courses by affixing an **AP Excellence logo** to their high school diplomas. Listed below are the requirements that a student must fulfill by graduation in order to receive the AP Diploma Designation:

Students must have a combined unweighted GPA of 85 in all qualifying AP courses

A total of **seven** AP courses will be used to calculate a student's average

Listed below is the AP coursework that needs to be completed:

2 Social Studies course

2 Math and/or Science courses

1 English course

2 Additional courses (at the student's discretion)

All students who have taken a minimum of seven Advanced Placement courses throughout their high school career (within the required framework) and have received a cumulative unweighted average in those courses of at least an 85, will receive the AP Designation on their diploma. The number of students taking Advanced Placement courses has increased over the past few years and we hope that this designation will encourage our students to continue to challenge themselves. The academic environment within the Sachem School District is based on respect, recognition, responsibility and opportunity. The Advanced Placement Diploma Designation is an achievement that we want our students to be extremely proud of and we thank you in advance for your efforts during the upcoming year.

NATIONAL HONOR SOCIETY

You can view the criteria for all the National Honor Societies from the Sachem East website. The following Honor Societies established at Sachem East are:

National History Club & Rho Kappa Social Studies Honor Society
Science Honor Society
Math Honor Society
Tri-M Honor Society
Art Honor Society

Foreign Language Honor Society
English Honor Society
Business & Marketing Honor Society
NTHS Honor Society
National Honor Society

DISTRICT 1:1 CHROMEBOOK DEVICES

The Sachem Board of Education is providing a Google Chromebook for your use in the 2022-2023 School Year. Each device is outfitted with a snap on protective case and the Board has purchased both warranty and insurance coverage. All District Chromebooks are to be treated as school computers and fall under the same District policies and regulations as all other school technology. Chromebooks are to be used solely for student's educational use and students must comply with all District policies and the Student/Parent/Guardian Agreement after receiving the device.

District Policy 1:1 Chromebook Handbook:

http://www.sachem.edu/Assets/IT_Documents/Sachem_Chromebook_Handbook_2022-2023.pdf?v=153nity.com/

District Policy Student 1:1 Chromebook Agreement:

http://www.sachem.edu/Assets/IT_Documents/Sachem_1-1_Chromebook_Agreement_Sign-Off.pdf?v=734

IMPORTANT CALCULATOR INFORMATION FOR MATH STUDENTS

Dear Parent/Guardian of Sachem HS East Math Student,

As the district is providing 1:1 Chromebooks to secondary students there is no longer a need for students to purchase a graphing calculator. However, graphing calculators will be made available to students enrolled in Algebra I, Geometry and Algebra II during the school day if needed. Students will not be permitted to take these calculators home.

Sachem Central School District

Lake Ronkonkoma, New York 11779

Internet Acceptable Use

Dear Parent/Guardian:

To ensure that our students become proficient in the information and communication technologies essential for success in a 21st century learning environment, the Sachem School District provides a variety of resources in support of our instructional and administrative programs. Therefore, it is incumbent upon all members of the school community to use technology responsibly, ethically and be respectful for the work of others.

Internet access is made available in the Sachem School District for the purposes of educational communication and research, and for administrative organizational purposes. Communications via the Sachem Central School District resources are often public in nature and general school rules for behavior and communications apply.

It is expected that users will at all times comply with district standards and will act in a responsible and legal manner, in accordance with district standards, as well as with state and federal laws. A disclaimer referring to this Acceptable Use is included and must be agreed to by users, upon at each logon to the Sachem Central School District computer network.

The complete policy related to Acceptable Use for the 2022-2023 school year is included on the Sachem homepage at www.sachem.edu and will be linked to individual school webpages. All parents/guardians and students are encouraged to view the complete policy



SACHEM CENTRAL SCHOOL DISTRICT CODE OF CHARACTER FOR STUDENTS

Cumulative Points System for Disciplinary Infractions

Students who commit disciplinary infractions, however minor, contribute to the larger problem of disrupting the educational process. This policy will hold students accountable for all disciplinary infractions committed throughout the year. This will be accomplished through a point system which is detailed below.



<u>Consequence</u>	<u>Point Value</u>
Detention ~ 1 period after school	1/2 Point for each day
Extended Detention ~ 2 periods after school	1/2 Point for each day
In-School Suspension	1 Point for each day
Out-of-School Suspension	2 Points for each day

Students who accumulate 11 or more points during the school year will forfeit privileges to attend all high school social events, including dinner dances, banquets and proms, Renaissance trips, and any other school sponsored events. Additionally, these students may not be permitted to participate in school clubs, school teams, or obtain a parking sticker. However, a student may earn back 1 point per 30 calendar days that he or she does not receive any disciplinary action. It is our hope that by working together with students, parents, staff and administration we will continue to provide our students with a positive learning environment.

HARASSMENT, INTIMIDATION, BULLYING AND CYBERBULLYING

(in accordance with NYS Dignity for All Students Act: DASA)

No student shall be subjected to harassment, intimidation, bullying or cyberbullying while in school, on school property, in school vehicles, on school busses, at designated school bus stops, at school sponsored activities or events. Harassment, intimidation, bullying or cyberbullying is defined as any written, verbal or physical act, or any electronic communication that is motivated by a student's actual or perceived race, color, religion, national origin, ancestry or ethnicity, sexual orientation, physical, mental, emotional or learning disability, gender, gender identity and expression, or other distinguishing personal characteristic, or based on association with any person identified above, when the written, verbal or physical act of electronic communication is intended to:

- I. Physically harm a student or damage the student's property.
- II. Substantially interferes with a student's educational opportunities
- III. Be so severe, persistent, or pervasive that it creates an intimidating or threatening educational environment.
- IV. Substantially disrupt the orderly operation of the school.



Range of Consequences for Inappropriate Behaviors

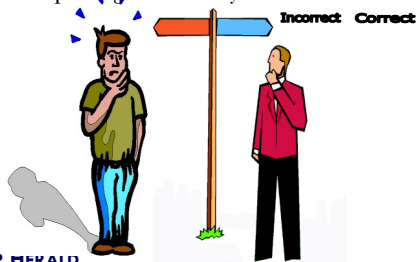
	BEHAVIOR	CONSEQUENCES
A	Disrespect of a staff member	1-16
B	Profane, lewd, vulgar or abusive language or gestures	1-16
C	Insubordination	1-16
D	Disruption of class or the school community	1-16
E	Use/possession of drugs, (this includes the possession of prescription drugs) related paraphernalia or alcohol	10-16
F	Loudness, running in the halls	1-16
G	Inappropriate attire	1-16
H	Pushing/yelling/inappropriate physical contact	1-16
I	Striking another student, fighting or any violent conduct	10-16
J	Two or more students involved in intimidating behavior directed at another student	6-16
K	Smoking on grounds, which includes electronic cigarettes and personal vaporizers	10-16
L	Gambling	10-16
M	Theft of someone else's property	10-16
N	Intimidation, harassment, menacing, or bullying (verbal threats, coercion, racial, religious, sexual orientation epithets...any form of harassment).	6-16
O	Possession/use of fireworks	10-16
P	Vandalism/graffiti	6-16
Q	Leaving school grounds without permission	6-16
R	Actions which result in a false fire alarm (This includes actions made via computer)	10-16
S	Academic misconduct	1-16
T	Possession of weapons or dangerous instruments	10-16
U	Lewd/vulgar behavior	1-16
V	Computer/electronic communications misuse	1-16
W	Repeated disciplinary referrals	8-16
X	Leaving a state exam without permission	10-16
Y	Failure to identify oneself or wear a school i.d. card	1-16
Z	Being in an area which is out of supervision	6-16
AA	Loitering in the vicinity of the school	6-16
BB	Possession of a laser pointing device	6-16
CC	Obstructing vehicular or pedestrian traffic	1-16
DD	Trespassing	1-16
EE	Endangering the health, safety, morals or welfare of oneself or others	1-16
FF	Bus misconduct	1-16
GG	Hazing	10-16
HH	Use of a recording device without permission (includes picture phones, cameras, voice recorders)	1-16
II	Inappropriate use/operation of a motor vehicle	1-16
JJ	Entering any roof area of the building or any restricted zone leading to it	10-16
KK	Theft (ie cafeteria)	10-16
LL	No ID card for late arrival sign in	1-5

SCHOOL/DISTRICT DISCIPLINARY ACTIONS *

- | | |
|--|---|
| 1. Assignment of points toward Cumulative Points System | 9. Referral to Pupil Personnel Services |
| 2. Verbal reprimand | 10. In-School Suspension (I.S.S.) or alternative program |
| 3. Phone call to parent by teacher or administrator | 11. Invalidation of the exam |
| 4. PM detention 1:45pm - 2:27pm | *12. Informal Principal's meeting |
| 5. Extended Detention 2:27pm - 3:30pm | 13. Out of School Suspension (O.S.S.) or alternative program |
| 6. Temporary suspension from class or classes | 14. Involvement in outside community resources (police, community services) |
| 7. Temporary suspension of bus privileges | 15. Superintendent's hearing |
| 8. Parent conference with teacher, service provider or administrator | 16. Possible removal from school for Alternative Placement |

* All students should note that the outcome of a Principal's Conference or Superintendent's Hearing regarding a serious disciplinary infraction may result in the removal of privileges to attend all high school social events. Additionally, these students may not be permitted to participate in school clubs or on school teams.

** Student parking stickers may be revoked for the following: 1. Course failure (reviewed each quarter)



2. Receiving a "DC" (Denied Credit) or "DCA" (Denied Credit-Auditing) in any course
3. Suspensions or serious disciplinary infractions
4. Chronic lateness to school
5. Failure to adhere to parking regulations, unsafe operation of a motor vehicle or improper use of a parking sticker (i.e. switching to another vehicle, copying or altering a sticker or transferring to another individual).

"Teens and Sexual Harassment"

During recent years, administrators visited English classes and conducted presentations on the topic of "Teens and Sexual Harassment." The visitations were scheduled so that all students in the school were reached.

Our goal in these presentations was to make the students individually aware of what constitutes sexual harassment and to underscore our efforts to have the students develop a sense of mutual respect toward one another.

The following will detail some of the information that was covered.

There are Many Kinds of Sexual Harassment

- Physical sexual harassment
- Verbal sexual harassment
- Nonverbal sexual harassment

- ⇒ Harassers need to feel powerful, to boost their image by putting others down.
- ⇒ Harassers are so emotionally distressed themselves that they don't care about respecting other people.
- ⇒ Harassers may be taking alcohol and/or drugs to exaggerate their tendencies to be disrespectful and inconsiderate.
- ⇒ Harassers learn sexual harassment from watching movies, TV shows, videos, and magazine advertisements.
- ⇒ Harassers learn sexual harassment from other family members.

Sexual harassment can take many forms, some of which may include:

- Making obscene gestures
- Staring or pointing at a person's body or body parts
- Grabbing or touching a person in a sexual manner

- Purposely bumping or rubbing against a person
- Making overt or subtle sexual suggestions to another person
- Threatening another person with harm for failure to provide sexual favors
- Insulting a person because of their sexual orientation

REMEMBER

* *A person's right to choose* whether or not to be communicated with or touched in a certain way **MUST BE HONORED.**

* A person's lack of response to being sexually harassed doesn't mean the person likes the harassment-**Silence is not implied consent.**

* You have a right to communicate your feelings-**say so if something makes you feel uncomfortable.**

* **PERMISSION IS REQUIRED** before increasing intimacy between two individuals.

* Physical or verbal intimacy that is **THE RESULT OF COERCION CAN BE CONSIDERED HARASSMENT.**

* **DEMONSTRATE RESPECT.** Wait until permission is granted. The communication or touch must feel right for BOTH individuals.

* **No means "NO" - not "YES."**

All of these acts hurt and humiliate the person to whom they are directed. Sexual harassment undermines a student's ability to obtain an education in a safe and secure environment. Sexual harassment will not be tolerated, and *students who engage in such behavior will find themselves facing school and possible legal consequences.*

Please discuss the foregoing information with your child. Properly informed, we trust that your child will be neither a victim or a perpetrator.



Sachem Central School District at Holbrook Board Policy ~ Sexual Harassment of Students

Sexual harassment in an educational environment is illegal. Therefore, the Sachem Central School District's Board of Education condemns all sexual harassment and further forbids all students from engaging in such activity. The Board also strongly opposes and forbids any retaliatory behavior against complainants and witnesses. The Board is committed to maintaining a learning environment that is free from all forms of sexual harassment.

The Equal Employment Opportunity Commission's (EEOC) definition of sexual harassment will be applied by the Board to the educational environment as follows:

- » Submission to such conduct is made either explicitly or implicitly a term or condition of a student's right to a fair and equal educational opportunity
- » Submission to or rejection of such conduct by a student is used as the basis for educational decisions affecting such student
- » Such conduct has the purpose or effect of unreasonably interfering with a student's performance or creating an intimidating, hostile, or offensive learning environment

Sexual harassment consists of unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature when:

Conduct is deemed to be sexual harassment when it consists of unwelcome conduct of a sexual nature. Sexual harassment is not dependent upon the alleged harasser's intention. The Board recognizes that sexual harassment can originate from a person of either sex against a person of the opposite or same sex, and from peers as well as district employees or visitors.

Students who believe that they have been subjected to sexual harassment should report the conduct immediately to the designated compliance office to handle such complaints, so that an investigation can begin at once. In the absence of a victim's complaint, the Board, upon learning of or having a reasonable basis to suspect the occurrence of sexual harassment, will cause an investigation to be promptly commenced by appropriate individuals.

The Superintendent of Schools shall notify all em-

ployees, students, and their parents of the name, office address and telephone number of the district's compliance officer.

If during the building administrator's informal attempt to resolve the complaint, the alleged harasser admits the allegations but refuses to give assurance that he/she will refrain from the unwelcome behavior, the administrator is to file a report with the next appropriate level of administration. The report is to indicate the nature of the complaint, a description of what occurred when the building administrator informed the alleged harasser of the allegations against him/her, the harasser's response to the allegations, and a recommendation that stronger corrective measures be taken. This report may be accompanied by a formal complaint.

Should the alleged harasser deny the allegation, the supervisor is to inform the complainant of the denial and state that a formal written complaint will be helpful for further formal investigation. The building administrator will file a report indicating what has transpired to date with the Assistant Superintendent for Instruction or the Superintendent. If the complainant submits a formal complaint, a copy of it should accompany the building administrator's report with a recommendation for further action.

Formal Complaints

Formal complaints may be submitted either to initially report any incidence of sexual harassment, or as a follow-up to an unsatisfactory resolution of an informal attempt to resolve complaint. In the latter case, the formal written complaint is to be submitted to the building administrator originally consulted, who will then forward it to the next appropriate level of administration, e.g., the Assistant Superintendent for Instruction or the Superintendent, for appropriate action.

The formal written complaint will consist of any appropriate forms and a copy of any applicable supervisor reports.

The appropriate forms solicit the specifics of the complaint, e.g., date and place of incident, description of sexual misconduct, statements of any witnesses, and any previous action taken to resolve the matter.

The appropriate forms solicit the specifics of the complaint, e.g., date and place of incident, description of sexual misconduct, statements of any witnesses, and any previous action taken to resolve the matter.

Remedial Action

If the investigation reveals the sexual harassment has occurred, appropriate sanctions will be imposed in a manner consistent with any applicable law. Depending on the gravity of the misconduct, these may range from a verbal warning up to and including a suspension from school or termination of employment.

Anyone subjecting complainants or witnesses to any form of retaliation will also be subject to disciplinary action in the manner prescribed by law and consistent with any policy of school conduct and discipline.

If the investigation is inconclusive or reveals that no sexual harassment has occurred, or if the complainant is not satisfied with the remedial action taken after a finding of sexual harassment, the complainant may appeal to the next appropriate level of administration, e.g., the Assistant Superintendent for Curriculum & Instruction or the Superintendent. The appeal must include a copy of the original complaint, if any, all relevant reports, the specific action being appealed of why the complainant is appealing.

The building administrator should refer the allegation of sexual harassment directly to the Superintendent when the circumstances, severity of the allegation or persons involved warrant a preliminary assessment by the Superintendent. This referral should be submitted immediately in writing from the building administrator learning of the charge. No investigation or interviewing of witnesses should be undertaken prior to the delivery of this report to the Superintendent. The Superintendent shall determine whether an investigation is in order and who shall conduct the investigation. The Superintendent shall also determine whether the allegations warrant the immediate referral of the matter to any applicable governmental agency, including but not limited to, the police, prior to any implementation of this procedure.

Ref: Education Amendments of 1972, Title IX, 20 U.S.C. §§1681
Franklin v. Gwinnett County Public Schools, 112S. Ct. 1028(1992)
Meritor Savings Bank, FSB v. Vinson 477 U.S. 57 (1986) 34
CFR §§106.8; 106.9 (5020.1) Adoption date: January 20, 1998

Sachem CSD BOE Policy 5020.1: Sexual Harassment of Students

Every student has a right to the educational opportunities that will enable the student to develop to his or her fullest potential. In principle, classroom attendance is a major component of academic success. The early identification of attendance problems, together with cooperation among parents, students, teachers, administrators and support staff will foster improvement in student achievement.

All students must maintain 90% attendance in each class to be eligible for credit. For each semester, a student who is absent more than FIVE (5) days in an alternating day course, or NINE (9) days in a course that meets every day will be subject to being declared not eligible to earn credit in that class. An unexcused tardy to class of 15 minutes or more shall be considered for the purpose of this policy an unexcused absence.

For each marking period a student's final grade will be based upon classroom participation, homework, tests, papers, projects, etc. Students with excused or legal absences will be afforded the opportunity to make up the missed work.

Class cutting and/or illegal lateness is also counted against the 90% requirement; in addition, as violations of Sachem's rules, they carry penalties of detention or suspension. Students who cut class throughout the duration of any course will be subject to loss of credit for that course.

A student denied credit for attendance reasons will be denied privileges for the remainder of the school year. This will include removal of privileges to attend any school social event, including all proms, banquets, and the senior trip, if applicable. Students will not be allowed to participate in school clubs or on school teams. A student who is denied credit for a full year course will not be permitted to take that course in summer school. Any student denied credit will not be eligible for participation in any BOCES vocational program in the future.





It has been established that smoking, secondhand smoke, and tobacco use are significant health hazards. In this regard, the Board of Education of the Sachem Central School District at Holbrook desires to enact a policy for the protection of its students, staff, and all those who use school district buildings and grounds. The stated policy with respect to tobacco, e-cigarettes/vaporizers use in school district buildings, vehicles, and grounds shall be effective immediately as follows:

THAT there shall be no smoking nor any use of tobacco products, either smoking, chewing or electronic, in any elementary, secondary, administrative, or ancillary building, vehicle or on district grounds. This ban includes any private vehicle on school district property, all buses and school district vehicles regardless of location, any classroom, auditorium, restroom, or any other room within a building, loading docks, and field areas under the jurisdiction of Sachem Central Schools.

THAT a copy of this policy shall be posted in all buildings within the school district. That a copy of this policy will be supplied to any present or prospective employee, resident, or contractor upon request.

THAT No Smoking signs shall be posted in all buildings of the school district. Said signs shall be protected from tampering, damage, removal, or concealment.

THAT, in the event of a question concerning the meaning of this policy, the question shall be resolved in a manner which provides the greatest protection to non-smokers.

Sachem High School East
Student Smoking Violations

[Sachem CSD BOE Policy 5312.3: Tobacco Free School Environment](#)

On School Grounds

Outside of the School Building;

On School Grounds

Inside of the School Building;

- ◆ **This offense will result in a two day out of school suspension.**
 - * **The first offense will result in a *one day suspension.***
 - * **The second offense will result in a *two day suspension.***
 - * **The third offense will result in a *three day suspension.* In addition, beginning with the third offense, the student's name will be referred to the Suffolk Department of Health Services. Such a referral will subject the student and family to a personal appearance at the Health Department and a fine from the Health Department, not to exceed \$500 per offense, payable to Suffolk County.**

- ◆ **Additional violations will result in harsher consequences and a Superintendent hearing.**
- ◆ **If a student is in possession or smoking an E-cigarette the following suspension will be assigned:**

First Offense - 1 day OSS and 2 days ISS

Second Offense - 2 days OSS and 3 days ISS

Any staff member, parent or visitor, who fails to comply with the State and County No-Smoking Laws, will be subject to a referral to the Health Department.

These individuals will, also, be subject to the Department's fine.



Physical Education Course Requirements

August, 2022

Dear Parents and Students:

The Physical Education Department within the Sachem Central School District, in accordance with the recommendations of the New York State Association for Health, Physical Education, Recreation, and Dance (NYSAHPERD), has revised the high school curriculum.

The Sachem Physical Education Program is dedicated to promoting lifetime fitness and physical activity, and enhancing personal fitness, health and wellness for all students. To that end, the focus of the revised curriculum is on helping all students become informed, independent decision-makers capable of planning for enjoyable lifetime fitness and physical activity and achieving personal fitness and sport activity goals.

The objectives of the curriculum are to assist students to:

- » Become physically active and physically fit
- » Acquire knowledge of the benefits of physical activity, health and wellness, and the principles of fitness
- » Become an independent decision-maker who can plan his or her own personal fitness program.

The revised program aligns the curriculum and instruction with the New York State Learning Standards and the NASPE Content Standards. The complex motor and sport activities are organized into eight categories (team passing sports, net/wall sports, striking/fielding sports, target sports, dance and aesthetics, outdoor activities, personal performance activities, personal fitness activities). The sport activities will be assigned by grade from each of the eight sport activity categories.

DRESS: Athletic wear such as shorts and a shirt are to be worn during physical education class. Although optional, a pair of warm-up pants and a sweatshirt is suggested for outside activities. In addition, athletic style sneakers must be worn. These sneakers must be secured by laces or zipper style. In either case they must provide adequate support. Casual wear sneakers or sneakers with heels or soles greater than 1" thick are strictly prohibited.

JEWELRY/MOUTH GUARDS: With the utmost regard for student safety and in conjunction with district policy, students will be required to remove ALL jewelry (including watches, rings, bracelets, body piercing decoration, etc.) before participating in physical education class. When removal of such items raises medical concerns students must provide a doctor's note stating the concern. Further,

it is the student's responsibility to cover the jewelry in question completely with tape and/or a band-aid. In the absence of such procedures students will not be permitted to participate in physical education class for that day and will not receive class credit for that day(s). The use of mouth guards is recommended for all students who wear braces.

Extra Help:

We offer a 10th period (2:05 - 2:35 pm) for extra help.

EXCUSES: Students will not be required to participate on any given day when providing a note from a parent or guardian. However, students will not receive credit for the class but will have the "option" of making up that class. If the note is a request for more than one day, then the request must be approved by one of the school nurses. If a student cannot participate for more than two (2) days, a physician's note is required, stating the reason for the exclusion and the date the student will be released from the physician's care. The note should be presented to the school nurse who in turn notifies the appropriate physical education teacher.

MEDICAL EXCUSES: Those students classified as non-participants because of a physician verified medical exclusion (those excluded for three weeks or longer) will be assigned to a health and sports-related reading and writing course called "Sportsfolio." Students who are medically excluded from a regular participation class will receive a grade for physical education based on the daily Sportsfolio assignments. I am sure you understand our concern for the well being of your child and support our effort to provide a related learning experience in physical education even though physical participation is restricted.

If you have further questions, feel free to contact Jake Pofenbarger, Physical Education Department Chairperson at 716-8200 ext. 5206.



Lou Antonetti, Principal



Rules & Regulations Regarding Driving

A student with a Junior (Class 6) license may drive when conditions below are followed:

☞ When accompanied by a licensed parent or guardian, driver education teacher or driving school instructor.

☞ To and from work. Work means employment on a regularly scheduled basis, at least once a week for a least four (4) consecutive weeks. You must have Form MV-58 or a letter from your employer listing the employer's name, address, and phone number, your name, job description, hours and location of employment and the motorist identification number from your license. You may not drive during work (deliveries, etc).

☞ To and from a State approved work-study program. **(SACHEM DOES NOT OFFER ANY WORK-STUDY PROGRAMS)**. You must carry Form MV-286 as proof of enrollment in a work-study program.

☞ To and from a college or university course that is not part of your regular school day. You must carry Form MV-281.1.

☞ To and from a state approved evening school. You must carry Form MV-286.1.

☞ To and from a driver education course that is not part of your regular school day. You must carry Form MV-287.

☞ While engaged in farm employment, you must carry Form MV-286.1.

Common Misconceptions

☞ “You may drive to school with a Junior License.” **This is a common misconception that is not true. It is against the law for a person with a junior license to drive to school.**

☞ “The term work-study program includes driving to school.” **(SACHEM DOES NOT OFFER ANY WORK-STUDY PROGRAMS)**. The term to and from work means just that. It does not include driving to school or side trips of any kind. The fact that a student has an after school job does not allow him or her to drive to school and then from school to work.

☞ “A junior license is a Class 6 license held by a 16 and 17 year old who has not completed driver education.” A regular operators license may be issued to a 17 year old who has completed driver education. You must exchange your junior license and the course certificate (MV-285) “blue card” for a regular license (Class 5 or 7). You are subject to junior license restrictions until the exchange is actually made or until you are 18.

Please Note:

In no way does possession of a Senior license guarantee a student high school parking privileges. Parking permits are granted to seniors only, on a first come, first serve basis. Seniors may be placed on a waiting list until parking spaces become available.



CO-CURRICULAR & EXTRA CURRICULAR CODE OF CHARACTER

Participation on or in any athletic team, music group, club or co-curricular/extra-curricular activity is a privilege which should elicit great pride in both the student and his/her family. It is also an acceptance of responsibility which requires an extra commitment from students who represent their school and community. Willingness to meet these standards is a condition for being a member of one of the Sachem School District's co-curricular/extra-curricular activities.

Our staff members are responsible for providing leadership, encouragement and direction to assist the student in meeting his/her personal commitment to their co-curricular/extra-curricular activity. They are also responsible for providing the student with an opportunity to participate in an environment that fosters courtesy, respect and social responsibility. Staff members strive to enhance the academic pursuit of the student through participation in any of the district's co-curricular/extra-curricular activities.

COACHES/ADVISORS/STAFF WILL:

1. Strive to enlarge their technical knowledge and develop wisdom and competency in the activity which they participate.
2. Enhance and protect the physical and mental well-being of their students.
3. Teach students to respect themselves and all other individuals who are participating in any part or portion of the activity.
4. Strive to instill in students a desire to know and live by the spirit of the rules of the school district.
5. Help create an atmosphere of friendly participation wherein mutual respect and courtesy for all involved is the major focus.
6. Cooperate with administrators, faculty and other staff in maintaining and improving the quality of our schools.
7. Encourage the highest standards of academic and social achievement among our students.

A. APPLICATION OF THE CODE

At the beginning of each year, as co-curricular/extra-curricular activities are approaching their respective starting dates, each student and their parent/guardian will be provided a copy of the Sachem School District "Student Co-Curricular and Extra-Curricular Code of Character." Attached to the Code of Character will be an acknowledgement and consent form which must be signed by both the student-participant and the parent/guardian prior to participation in any meeting, practice or activity with any district sponsored co-curricular/extra-curricular activity.

All violations of the code shall be considered cumulative for the school year. This does not prohibit the district, building principals or program administrators from reviewing a student's discipline history when determining such student's eligibility to participate in any co-curricular/extra-curricular activity.

B. CONDITIONS FOR STUDENT PARTICIPATION

I. ELIGIBILITY

The Board of Education has the authority to establish reasonable standards as prerequisites for eligibility for co-curricular and extra-curricular activities. These standards apply to entry qualifications as well as continued participation in such activities.

Eligibility requirements should include academic standards, behavioral standards, and training standards. These standards should be applied equally to all student participants. All student participants, including athletes, should be informed that they have the obligation to act in a reasonable manner because of the leadership roles they play in the school environment.

Eligibility for co-curricular/extra-curricular activities shall be limited to children who are enrolled as students of the Sachem Central School District.

All students who participate in any co-curricular/extra-curricular activity will be expected to be academically eligible. Academic Eligibility will be determined by the official grades posted on a student's report card. Advisors/coaches must specify minimum school attendance requirements, and the minimum grade point average (GPA) they expect student participants to maintain. All such standards must be reasonable. The relationship between a student's GPA and his/her eligibility must be clearly explained to all student participants. Any student who fails 2 or more classes at the end of the marking period shall be placed on academic probation for the next 5 weeks. During the period of academic probation, the student will be permitted to continue his/her co-curricular/extra-curricular participation if the student demonstrates both of the following actions:

- (1) The student, in conjunction with the failed-subject teacher, develops an action plan for academic improvement. The plan is subject to approval of the Co-Curricular Committee.
- (2) The student must demonstrate that he/she is no longer failing in more than one course by the time interim reports are submitted.

Any student who fails to demonstrate they have successfully completed both of the actions above shall be declared ineligible for participation in any co-curricular/extra-curricular activity for the duration of the marking period in which he/she was placed on probation.

NOTE: A student's eligibility for Quarter 1 will be determined by that student's report card for grades earned in Quarter 4 the previous school year. Any student who is denied credit (DC) for failure to maintain regular attendance in one or more classes shall be academically ineligible to participate in any extra-curricular activity for the duration of the school year.

2. ATTENDANCE

Students who commit themselves to an activity membership are expected to be in attendance at meetings/practice/contests for the duration of the activity calendar. When this commitment is not fulfilled, the student's position in the activity shall be reviewed by the supervising staff member and a recommendation of consequences shall be forwarded by the supervising staff member to the building principal, program administrator, or both, for review.

Students are expected to attend all practices, meetings and contests unless excused by the staff supervisor. It is the student's responsibility to notify the staff supervisor, in advance, of any circumstances which would prevent the student's participation at practice(s), contest(s), or meeting(s) other than absence from school. Failure to comply may result in a dismissal from the activity, dependent upon the nature and/or seriousness of the offense.

A student who is absent from school will not be eligible for participation in any co-curricular activity session on the day he or she is absent. The building principal or program administrator may permit participation when, in his/her judgment, the absence is unavoidable and supporting documentation signed by a parent/guardian is provided. Students are therefore advised to make requests for absence(s) in advance.

Students who are members of co-curricular/extra-curricular activities are expected to be in school on a regular basis. Students will be ineligible for practice or contest participation that day if they do not sign in at the attendance office prior to the end of period 4 with a legitimate written excuse signed by a parent or guardian.

The activity supervisor will establish rules appropriate for the nature of the activity regarding attendance and participation. All student members shall be given a written copy of the team rules and the supervisor will review the rules with student members. Student members are expected to comply with and abide by the rules established for their respective activity.

A student's absence(s) from practice(s), meeting(s), and or contest(s) due to mandatory participation in school sponsored session extra-help will not jeopardize the student's membership status.

3. MISCONDUCT

The use, sale and/or possession of any controlled substance(s), or other substances, including but not limited to, alcohol, tobacco products, drug paraphernalia, or prescription medication, other than those prescribed by a physician for that student, or illicit substances as defined by the New York Penal Law is strictly prohibited.

As a member of any co-curricular/extra-curricular activity, students should be mindful that they represent their school and community. Student members are expected to and have an obligation to conduct themselves as productive citizens both in and out of school and the community. Students are expected to refrain from negative behavior, which violates principles of good citizenship, and may bring embarrassment or unfavorable view to themselves, their classmates, teachers, or community.

A student who participates in activities resulting in his/her arrest or formal charges being filed for breaking any law may face additional penalties under this Code. If the school district has adequate and corroborating evidence that the student participated in the offense for which he or she is charged, a penalty may be imposed under this Code prior to completion of the criminal proceeding. If the student is convicted of a crime (misdemeanor or felony), the penalty pursuant to this Code of Character shall be imposed upon conviction.

C. OFFENSES/PENALTIES

1. Prohibited Student Conduct (not intended to be all-inclusive)

Possession and/or Use of Drugs-The possession and/or use of illegal drugs, drug paraphernalia, and/or drugs or medications without a prescription for the person using the medication are strictly prohibited.

Hosting or Drinking/Drug Parties-Students are prohibited from hosting/organizing or attending any gathering that involves, tobacco, alcohol, drugs, drug paraphernalia, marijuana or illegal substances as defined by New York Penal Law.

Sachem School District Student Code of Character Violations-Any violation of the Sachem Schools Student Code of Character, resulting in an out-of-school suspension, will result in progressive levels of discipline as described within the Student Co-Curricular and Extra-Curricular Activity Code of Character. The consequences imposed by the Student Co-Curricular and Extra-Curricular Activity Code of Character will be in addition to those consequences imposed by the Sachem Schools Student Code of Character.

Hazing/Initiation Ceremony-Sachem Central School District staff will not permit any student to stage any type of "initiation ceremony" or hazing for any co-curricular activity or club, at any level.

Poor Sportsmanship-Students, whether participants or spectators, will portray appropriate behavior during all co-curricular/extra-curricular events. Booing, whistling, name calling, obscene gestures or arguing with the referee will not be tolerated.

Stealing-Stealing of any kind, including equipment, supplies, uniforms or any personal items belonging to the Sachem Central Schools or any staff member or student will not be tolerated.

Vandalism or Property Destruction-Vandalism or property destruction offenses may result in external suspension and appropriate penalties for violation of the Co-curricular/Extra-curricular Code of Character.

Verbal and/or Physical Abuse-directed at any individual will not be tolerated at any time.

Academic Achievement-Any student who fails 2 or more classes may be deemed ineligible for co-curricular/extra-curricular participation (see Conditions for Student Participation: Eligibility). Any student who receives one or more Denied Credit (DC) shall be deemed ineligible for co-curricular/extra-curricular participation (see Conditions for Student Participation: Eligibility).

2. Penalties.

Students who are found to have violated the Co-Curricular and Extra-Curricular Code of Character may be subject to the following penalties, either alone or in combination:

- (1) Oral warning
- (2) Parent/Guardian notification
- (3) Written warning
- (4) Suspension from activity
- (5) Expulsion from activity for duration of co-curricular/extra-curricular season.
- (6) Ineligible for participation in any other activity for duration of school year.
- (7) Ineligible for participation in any activity for a period of one year, determined by the date of notification to the parent/guardian.

D. DUE PROCESS

Prior to the impositions of any penalty under the Code, the building principal and/or program administrator will notify the student of the nature of the infraction and the student will be given an opportunity to present his or her side of the issue.

E. APPEAL PROCEDURE

Students have a privilege, not a right, to participate in co-curricular/extra-curricular activities. Although the suspension and/or expulsion from participation in a co-curricular/extra-curricular activity does not require a full hearing pursuant to Section 3214 of the Education Law, a student must be given the opportunity to appear informally before the Co-Curricular Review Committee. Written appeal must be made to the building Principal within three days of assignment of a penalty, for a violation of the code. The building Principal will notify the chairperson of the Co-Curricular Review Committee who will assemble the group. The Committee will consist of one district office administrator, one district administrator, one building administrator, two teachers and two parents.

The Co-Curricular Review Committee will meet within 48 hours upon receipt of a written notice from the affected student's penalty unless the committee members are unavailable. In such a circumstance, the committee will meet as soon as these individuals may be assembled.

Upon review of the appeal, the committee will render a decision. The building principal and/or program administration will notify the parent/guardian of the decision in writing.

F. DISTRIBUTION OF POLICY

At the beginning of each school year, a copy of this policy will be distributed to all students attending grades 6-12. Students and their parents/guardians must review the policy.

During the first meeting of the year for any co-curricular/extra-curricular activity, the activity advisor/coach shall review the policy with the respective participants to ensure the participants know and understand the policy contents.

In addition to this policy, all activity participants are subject to the terms of all other applicable Sachem Central School District Policies.

Sachem High School East

2022 - 2023 Bell Schedule

Period	Time
Homeroom/Period 1	7:10 - 7:52
2	7:57 - 8:38
3	8:43 - 9:24
4	9:29 - 10:10
5	10:15 - 10:56
6	11:01 - 11:42
7	11:47 - 12:28
8	12:33 - 1:14
9	1:19 - 2:00
Clubs/Extra Help	2:05 - 2:35

2022 - 2023 Bell Schedule for 2 Hour Delayed Opening

Period	Time
Homeroom/Period 1	9:10—9:44
2	9:49 - 10:16
3	10:21 - 10:48
4	10:53 - 11:20
5	11:25 - 11:52
6	11:57 - 12:24
7	12:29 - 12:56
8	1:01 - 1:28
9	1:33 - 2:00

2022 - 2023 Bell Schedule for Early Release

Period	Time
Homeroom/Period 1	7:10 - 7:44
2	7:49 - 8:16
3	8:21 - 8:48
4	8:53 - 9:20
5	9:25 - 9:52
6	9:57 - 10:24
7	10:29 - 10:56
8	11:01 - 11:28
9	11:33 - 12:00