

Guidance Department Activities

Sachem High School North counselors are assigned to students alphabetically in grades 10-12. Counselors monitor and assist students with academic planning, serve as liaisons between a student and the school community, and provide information and guidance related to personal and academic choices. All students are encouraged to work closely with their counselor to take advantage of the many resources available in the guidance office.

Students and parents are invited to meet with counselors to discuss academic performance, post high school planning options and other topics that relate to the student's school life.

Sophomore year is an exciting time. The activities in Grade 10 should include completing challenging course work, engaging in extracurricular endeavors and continuing the four year academic and personal plan. The counselors are available to answer questions, guide students and ensure that each student has the opportunity to meet with success.



Sachem High School Guidance Counselors

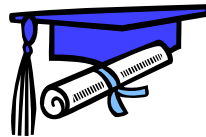
North

Mr. Aliperti-9th Grade	Ms. Farber
Ms. Angiporti-9th Grade	Ms. Hance
Mr. Baumiller	Ms. Huisman
Mr. Cody	Ms. Launer
Mr. Connolly	Mr. Manly
Ms. Conti	Ms. Roell

North High School
CEEB Code—332762
212 Smith Road
Lake Ronkonkoma, NY 11779

HELPFUL WEBSITES

www.collegeboard.com
www.actstudent.org
www.fafsa.ed.gov



Sachem Central School District
Holbrook, New York

James J. Nolan
Superintendent of Schools

Gail Grenzig
Asst. Superintendent for Personnel

Jill Karp
Asst. Supt. for Curriculum and Instruction-Elementary

Paul E. Manzo
Asst. Superintendent for Curriculum and Instruction

Bruce Singer
Associate Superintendent for Business

Board of Education
Robert Scavo—President
Jim LaCarrubba—Vice President

Douglas Duncan, Jr.
Anthony Falco
Michael F. Licata

David R. Egloff
Christine Lampitelli
Michael J. Timo
Sal Tripi

Sachem High School North Guidance Department

2010-2011

Grade 10

Guidance Department
Information

10

Sachem Central School District
Holbrook, New York
John Dolan-Principal

Mona E. Hecht—Administrator for
Guidance

Sue Hance—Department Chairperson
High School North

Graduation Requirements

(Minimum Requirements)

- English:** 4 years of course work
Regents Exam — grade 11
- Social Studies:** 4 years of course work
Regents Exams — grade 10 and 11
- Math:** 3 years of course work
Integrated Algebra Regents Exam
at conclusion of Integrated Algebra
course work
- Science:** 3 years of course work
2 lab science courses and one
Regents exam in science
- Foreign Language:** one credit of course work
- Health:** one half credit
- Art/Music:** one credit
- Physical Ed.:** two credits (1/2 cr. each year)

For students entering 9th grade in September 2008:

General education students must have scores at 65 or above on all five required Regents exams to earn a **Regents Diploma**. Students must have scores of 65 or above on nine Regents exams to earn a **Regents Diploma with Advanced Designation**.

Total Credits required: 22

Please note: The course and exam requirements listed above are “minimum” requirements. We recommend that students always work to their maximum potential and enroll in challenging courses throughout high school.

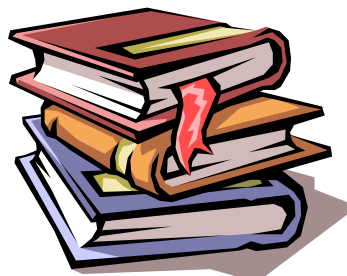
Important Activities by Grade Level

Grade 10: Continue taking challenging course work and participate in extracurricular activities.

Parents: Meet with your child’s counselor as needed and attend the **Guidance Department College Planning Parent Night at Sachem East on March 17, 2011**.

Begin Post High School Planning Process.

Students in grade 10 will take the PSAT in October. Results will be returned in the winter and will assist students in the college planning process. All students will begin to work even more closely with their school counselors at this time and parents are encouraged to contact the counseling office whenever questions arise. Also, please log onto the Guidance Department webpage at www.sachem.edu/dept/guidance for updated information and use the Naviance Family Connection program for college exploration.



Grade 11: Enroll in challenging courses and begin to prepare for post high school options.

Remember: Colleges look for students who have extended themselves in high school—in and out of the classroom. Take the PSAT in October and take the SAT and/or ACT in the spring. Explore post high school options, including colleges/universities, vocational programs, and/or the military. Attend College Night in the fall with your parents.

Parents: Attend the Guidance Department’s College Exploration and Financial Aid Information Night for Parents (see school calendar for date). Meet with your child’s counselor to obtain information about post high school options.

Grade 12: Make the most of senior year by taking advantage of the many course offerings available at Sachem High School. With many required courses out of the way, students can explore in depth their areas of interest. Take the SAT and/or ACT again and finalize post high school choices. Attend College Night in the fall. If students are planning to attend college, most applications should be completed and mailed in the fall. **Parents:** Attend the College Application and Financial Aid Information Night for Parents in the fall (see school calendar for date). Make appointment with your child’s counselor in the fall to discuss his/her post high school plans and to obtain information about the college application process.