



P.S. I Love You Day/Week Cayuga Elementary

FEBRUARY 10TH-FEBRUARY 14TH, 2020

STUDENTS WILL PARTICIPATE IN VARIOUS ACTIVITIES THAT TEACH THEM HOW TO PROMOTE KINDNESS, OVERCOME ADVERSITY AND TAKE A STAND AGAINST BULLYING. ALL OF THESE ACTIVITIES WILL LEAD UP TO *P.S. I LOVE YOU DAY* ON FRIDAY, FEBRUARY 14TH, WHERE STUDENTS WILL WEAR PURPLE TO SHOW THAT THEY ARE NEVER ALONE.

Monday, February 10th

- Assembly with Mr. Chiamonte and his peer educators from Sachem North. Students will take part in various activities that promote self-esteem and emphasize the importance of being kind to one another. Additionally they will emphasize the key idea that we make the world a better place when we choose kindness and reflect on our challenges in life as inspiration for others.
- **Location:** Cafeteria
 - 9-9:30 AM (K-2): "Color your world with kindness"
 - 9:45-10:15 AM(3-5): "Challenges make you stronger"

Tuesday, February 11th

- **Storybook Mural:** Students will reflect on a time they've been kind (grades K-2) & a time they overcame a challenge (grades 3-5) on their own personal dot. Each dot will be displayed in the hallway later that week to create a "storybook" mural. This will showcase that everyone's story is part of a beautiful picture & tie in the 2020 theme of "Your Story is Worth Telling" *Examples will be emailed next week.

Wednesday, February 12th

- **Kindness grams:** Students will be completing kind messages to a peer they don't normally socialize with. These "grams" will be distributed within the classroom on P.S. I Love You Day (*Friday*)

Thursday, February 13th

- **Walk-A-Thon before school (8:10 AM)**
- While books below are recommended for certain grades, feel free to use any recommended. They each contain a beautiful message for all ages :)
 - **PreK-2: Read Aloud**
 - Below are some ideas for Read Aloud's:
 - *Be Kind* by Pat Zietlow Miller
 - *I Walk with Vanessa: A Story About A Simple Act of Kindness* by Kerascoët
 - *Kindness is Cooler: Mrs. Ruler* by Margery Cuyler
 - *Scribble Stones* by Diane Alber
 - *Only One You* by Linda Krauz
 - **3-5: Read Aloud**
 - Below are some ideas for Read Aloud's:
 - *The Big Umbrella* by Amy June Bates
 - *Each Kindness* by Jacqueline Woodson
 - *The Three Questions* by Jon J Muth
 - *Those Shoes* by Maribeth Boelts
 - *One Drop of Kindness* by Jeff Kubiak

Friday, February 14th

- **Welcoming Committee at arrival:** Students from Kind Kids Club & Leadership Club will be distributing kind messages, necklaces and purple stickers as students arrive into the building.
- Cayuga community wears purple ☺
- Kindness Grams distributed to students
- Mix It Up Lunch for **grades 3-5**