October 2017

Dear Tamarac Community,

It is with great excitement that we are bringing back our FAMILY CONNECT NIGHT program. In this busy and overscheduled world, we often do not have time to cherish what is important. It can seem as if we are rushing from one activity to the next.

We believe that family unity is vital to the foundation of Tamarac Elementary School. Quality family time that is uninterrupted is essential to keeping families close. Research has shown that reinforcing relationships and seizing and savoring moments of connection benefit the well-being of both parents and children.

To encourage and support this important goal, we will designate a Monday, Tuesday, or Wednesday of every month as Family Connect Night. We understand that there are often events or activities that follow a specific weekday schedule. With a rotation of days, we are hopeful that all families have many opportunities to participate. This will be a school-wide night, with one focus: Togetherness. No homework will be assigned to students on these nights. The only assignment will be for the family to come together and share. A list of suggested family activities is listed on the back of this page. The choice is yours. Teachers will invite the students to share their Family Connect Night activities the following school day. Please mark the dates on your calendar beginning with Tuesday, October 17th as a Family Connect Night.

Let’s use Family Connect Night to make memories that last a lifetime.

Sincerely,

Michael S. Saidens

Family Connect Nights for 2017-18
Tuesday, October 17th
Wednesday, November 1st
Wednesday, December 6th
Tuesday, January 16th
Tuesday, February 7th
Monday March 12th
Wednesday, April 11th
Monday, May 21st
Wednesday, June 6th
Suggested Family Activities

1. Read under a blanket tent. Set up a huge blanket tent in the living room and have the entire family sit under it while one member reads a favorite book out loud.
2. Cook together, cook a meal that the whole family can help preparing.
3. Paint your own mug, buy inexpensive glass mugs and acrylic paint and have each member decorate a mug for their own use.
4. Play a casual game of baseball, football, or basketball.
5. Color together. Bring out a pile of coloring books and bucket of crayons. Sit around the dining room table and color. The conversation will flow as everyone creates.
6. Make your own bubble solution out of dish soap and water. Go outside, blow bubbles, chase and pop them.
7. Play show and tell. Have each family member choose an item that is important to them and tell about it.
8. Go on a nature walk at a local park or outdoor trail- point out different plants and trees.
9. Take a family bike ride after dinner.
10. Have a formal dinner. Set the table with your best tableware, have everyone dress up and use your best manners. Use a fancy name- like prince or princess- and behave as one would.
11. Complete a puzzle together as a family.
12. Check out a local amateur sporting event, like a high school game or a Stony Brook University game.
13. Make a family photo album. Have the kids pick pictures from a recent vacation or family gathering. Place the photos in a scrapbook and add funny sayings or descriptions to the photos.
14. Set up an obstacle course in your backyard. Use things like hula hoops and jump ropes to create a course. You can compete with each other for the best time.
15. Go to the local playground and swing together or climb the monkey bars. Kids love it when parents play like they do.
16. Bake together. Take turns picking out your favorite recipes from a cookbook and let the kids join in on the fun.
17. Enjoy a cookout. Safely cook food over an open fire or barbeque. Sit in a circle and tell stories.
18. Family star watching night. Lay outside on a blanket in the yard and look up at the stars together. Try to map out constellations and look up the stories behind the names.
19. Have a family movie night and watch old family videos together.
20. Visit a public library and choose books to read together.
21. Decorate a Family Vacation Jar in which you save change.
22. Play board games like Scrabble and Pictionary.
23. Play Charades.
24. Get crafty! Check out Pinterest for fun, affordable ideas.