

# We will be “Freezin’ for a Reason” at the 7th Annual Town of Brookhaven Polar Plunge



**Special  
Olympics**  
New York

**Saturday, November 19, 2016**

**Cedar Beach - Mount Sinai**

**Check-in between 9:00 - 11:30 am**

**PLUNGE at Noon**



Last year over **1,000** Plungers braved the chilly waters while hundreds of spectators watched on. Help raise money for the athletes of Special Olympics New York by asking your friends, family, co-workers, etc. to support you in taking the PLUNGE!

**Every Plunger that raises \$150 receives an official Plunge sweatshirt.....**

raise more money and receive more great prizes!

Whether you plunge or support a Plunger, come join us on November 19<sup>th</sup>!

**TOO CHICKEN TO PLUNGE?  
JOIN THE CHICKEN COOP!**



## How do I get started?

Log onto [www.polarplungeNY.org/Brookhaven](http://www.polarplungeNY.org/Brookhaven) and click the **Register Here** button.

You can start a team, join a team or join as an individual.

Set up your Personal Plunge Page and you are on your way to “Freezin’ for a Reason!”

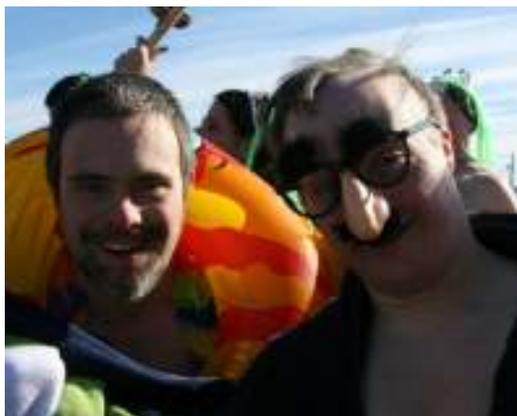
Check out the site or Facebook page for more great information about team building and fundraising ideas!



## Did you know?

Special Olympics New York has **67,162 athletes** training and competing year-round in 22 Olympics-style sports.

Our athletes and their families or caregivers are **NEVER CHARGED** to participate! Set your Plunge goal at \$400 and you have sponsored an athlete for an entire season!



## Sign up today!

[www.polarplungeNY.org/Brookhaven](http://www.polarplungeNY.org/Brookhaven)

[facebook.com/SONYpolarplungebrookhaven](https://www.facebook.com/SONYpolarplungebrookhaven)

Contact Information: Jennifer Cantone at [jcantone@nyso.org](mailto:jcantone@nyso.org) or 631.254.1465 ext. 4204

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