

**Swine Flu Update  
December 2, 2009**

As we get farther into the flu season, our lead nurse stays in touch with Suffolk County Health Department. Their protocols for managing flu, including the H1N1 strain, are on this website. They are seeing significant increases in flu-like illnesses, as are our schools. Some of it is H1N1 and some is Seasonal Flu – Type B.

The best advice continues to be to educate our children and our school staffs to take the precautions of washing hands frequently, using good hygiene when sneezing and coughing and stay home when sick and until the fever ends.

For your information, the Suffolk County Hot Line number for information on where to get the H1N1 immunization is 631 – 853-3055.