



SPRING 2010/11 ATHLETIC POST SEASON HONORS



Congratulations to the student athletes listed below for receiving post season honors in their respective spring sport. These student athletes are recognized for their accomplishments and exceptional performances. These recognitions are awarded by the New York State Public High School Athletic Association, Section XI, Suffolk County coaches associations, Newsday and other sports related foundations.

Sachem East Post Season Award Winners

Baseball:

Scholar Athlete Team

| | |
|----------------------|------------------------|
| Mike Amato: | All League |
| Brian Castles: | All League, All County |
| Chris Kennedy: | All League |
| Dean Papakonstantis: | All League |
| Anthony Telesca: | Academic All League |

Boys Golf:

Scholar Athlete Team

| | |
|----------------|------------|
| Jake Balkin: | All League |
| Joe Mazzola: | All League |
| Mike Moynihan: | All League |
| Ryan Mullins: | All League |

Girls Golf:

| | |
|---------------|------------|
| Nicole Healy: | All League |
|---------------|------------|

Boys Lacrosse:

Scholar Athlete Team

| | |
|--------------|--------------------------|
| Joe Eiseman: | All Division |
| Eric Martin: | All Division, All County |

Girls Lacrosse:

Scholar Athlete Team

| | |
|-------------------|--------------|
| Katie Doherty: | Unsung Hero |
| Jill Donodeo: | All County |
| Victoria Hassett: | All Division |
| Kara McCabe: | All Division |
| Katie Trombetta: | All County |

Softball:

Scholar Athlete Team

| | |
|------------------|---|
| Cassie Asselta: | All League |
| Samantha Laird: | All County |
| Samantha Smith: | All County, All Long Island |
| Lindsey Treanor: | All County, League I Player of the Year |

Boys Tennis:

Scholar Athlete Team

Eric Lopez: All League
Gui Magzianov: All League
Kunal Parikh: All League
Dylan Quintana: All County, All State, Division Doubles Champion
Jason Quintana: All County, All State, Division Doubles Champion
Alex Rosenfield: All Division
Danny Schwartzman: All League

Boys Track:

Scholar Athlete Team

Zach Bradley: All League, All Academic
Lucas Brum: All League, All Division
Morgan Genoino: All League, All Division
Greg Markfelder: All League, All Division, All County
Vincent Oliveto: All League, All Division
Greg Pekar: All League, All Academic
Phil Rascona: All Academic
Alex Saavedra: All League, All Division, All County
Ryan Scarpelli: All League, All Division
Edward Silber: All League, All Division

Girls Track:

Scholar Athlete Team

Ashley Ayers: All Division, All County Academic
Amanda Catherall: All League, All Division
Kristen Chiovari: All League, All Division
Brittany Christiansen: All League, All Division, All County, All State Meet Participant
Amanda DiSalvo: All Division
Allyson Figalora: All League, All Division
Alyssa Furlani: All Division, All County
Alyssa Genduso: All League, All Division, All County
Diamond Jackson: All League, All Division
Ebonie Lewis: All League, All Division
Holly Lindoe: All Division, All County
Kelly Maranchuck: All League, All Division, All County
Ashley Mercado: All League, All Division
Melanie Notarstefano: All League, All Division, All County, All State Meet Participant
Rachel Paul: All League, All Division, All County, All State, All State Meet Participant
Laurie Semetsis: All League, All Division
Brittany Sepe: All League, All Division
Nicole Silvestre: All Division
Essence Sterling: All League, All Division
Gabby Trejo: All League
Danielle Vasquez: All League
Meghan Walsh: All League, All Division
Amanda Zaput: All Division

Sachem North Post Season Award Winners

Baseball:

Suffolk County Champions

Justin Carlo: All League
Brendan Garry: All League, All County, Gold Glove
Brian Hennelly: All League
Nick Santangelo: All Academic
Alec Sole: All League, All County, All Long Island, Gold Glove, League II MVP
Mike Vitale: All League

Boys Golf:

Scholar Athlete Team

Matt Capece: All Academic
Robert McCusker: All Academic
Nick Roden: All Academic
William Rosati: All League, All Academic
William Ruth: All League

Girls Golf:

Scholar Athlete Team

Boys Lacrosse:

Scholar Athlete Team

Mike Andreassi: All Division, All County
Dalton Crossan: All Division, All County
Brandon Gamblin: All Division, All County, All American
Fred Golini: John Fernandez Courage Award
Alex Harris: All Division, All County
Tim Lang: All Division, All County
Jesse Scanna: All Division

Girls Lacrosse:

Scholar Athlete Team

Kate Kuerner: All Division
Kelly Kuerner: All County
Jessica Mazliah: All Division
Erin McNulty: All Division
Jenna Pierro: All Division
Allison Riss: Unsung Hero
Rachel Vasquez: All Tournament Player

Softball:

Scholar Athlete Team

Kristine Gay: All Division
Chelsea Palma: All Division
Jessica Sweeney: All Division

Boys Tennis:

Scholar Athlete Team

Boys Track:

Scholar Athlete Team

Davon Christopher: All League
Colin Eberhardt: All League
Chris Weilbacher: All League

Girls Track:

Scholar Athlete Team

Kayla Cataldo: All League, All Division, All County, County Champion, NYS Championship Meet Participant
Jodi Desz: All League
Jess Heymach: All Division
Sunja Joseph: All League
Kelly Lavan: All League, All Division
Katie Michta: All Division
Kristie Michta: All League, All Division
Melissa Michels: All League
Stephanie Richer: All League
Samantha Swift: All League
Carly Swinford: All League, All Division
Keira Wood: All League, All Division, All County, Academic All County, League 2 Middle Distance Runner of the Year