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## Sachem's Best

### LYNWOOD PREPARES CARE PACKAGES FOR ALUMNI SERVING IN THE MIDDLE EAST

The Lynwood Community recently came together to help America's troops in Iraq and Afghanistan. The students, parents and staff at Lynwood Elementary School in the Sachem School District worked together to collect personal care items and snack foods for five special soldiers and their units serving in the Middle East.

The Holiday Care Package Project, sponsored by the Lynwood Parent Teacher Association, started in October when the building's Peer Leaders assembled care packages before school. Students and teachers started contributing supplies on a daily basis, and before long, the Lynwood multi-purpose room became a warehouse overflowing with goodies for the troops.

A joint effort was made by building custodians and parents to coordinate a "pack out" on November 6. Many of our students wrote letters and created hand-made decorations to cheer our troops who will not be home this holiday season. Principal Danielle DeLorenzo is proud to announce that Lynwood shipped out 72 cartons to Iraq and Afghanistan!

Two of the soldiers whose units will be recipients of our care packages share a unique Sachem story. Captain Richard Macchio, who is serving in Iraq, is the son of Suzanne Macchio, a Kindergarten teacher at Lynwood. Captain Christopher Aviles, serving in Afghanistan, is the son of Carol Aviles, a Special Ed teacher at Nokomis Elementary School, also in the Sachem School District. Both Captain Macchio and Captain Aviles are 2002 graduates of Sachem North High School.



### SACHEM ATHLETES HONORED FOR SCHOLASTICS & SPORTSMANSHIP

The Sachem Central School District has received honors for the outstanding sportsmanship and scholastic achievement demonstrated by their student athletes. Gary Beutel and John Mankowich, Administrative Assistants for Health,

Physical Education and Athletics, are pleased to announce that two awards programs have applauded Sachem's students and athletic staff.

First, the district's Interscholastic Athletic program has been honored with a plaque for having best exemplified the "Spirit of Sportsmanship" for the 2008-09 school year. The plaque will be on display at Samoset Middle School.

Additionally, twenty Sachem high school teams have received the New York State Scholar Athlete Team Award for the fall 2009 sports season: Sachem High School East Football, Field Hockey, Boys Cross Country, Girls Cross Country, Boys Soccer, Girls Soccer, Girls Swimming, Girls Tennis, Boys Volleyball and Girls Volleyball; Sachem High School North Field Hockey, Boys Cross Country, Girls Cross Country, Boys Soccer, Girls Soccer, Girls Swimming, Girls Tennis, Boys Volleyball, Girls Volleyball, and High School North/East Girls Gymnastics.