



FALL 2011/12 ATHLETIC POST SEASON HONORS



Congratulations to the student athletes listed below for receiving post season honors in their respective fall sport. These student athletes are recognized for their accomplishments and exceptional performances. These recognitions are awarded by the New York State Public High School Athletic Association, Section XI, Suffolk County coaches associations, Newsday and other sports related foundations.

Sachem East Post Season Award Winners

Boys Varsity Cross Country:

Scholar Athlete Team

Zach Patsy: All League, All Division, All County, Academic All County
Franklin Perez: All League
Tom Rascona: All League, All Division, All County
Ryan Scarpelli: All League, All Division, All County

Girls Varsity Cross Country:

Scholar Athlete Team

Kaitlin DiMartino: All Division
Melanie Notarstefano: All League
Shannon O'Hehir : All League, All Division, All County
Rachel Paul: All League, All Division, All County, All Long Island, All State, Suffolk County Runner of the Year
Nicole Silvestre: All Division
Danielle Vazquez: All League, All Division, All County

Varsity Field Hockey:

Scholar Athlete Team
League Champions
Conference Champions
Division I Champions
Suffolk County Champions
Long Island Champions
New York State Champions

Tina Moon, Newsday Coach of the Year

Samantha Alvino: All Division, All State
Kristen Bagley: All Tournament, All Division, All State
Jessica Caruanna: All County, All Long Island, All State
Meghan Coope: All Tournament
Katie Doherty: All County Honorable Mention
Pam Emengo: All Tournament
Courtney Hallick: All Tournament
Kayla McKeveny: All County Honorable Mention
Jordan Miller: All Tournament
Laryn Ryan: All Tournament
Cara Trombetta: All Conference
Katie Trombetta: All Tournament, All County, All Long Island, All State, All American

Varsity Football:

Scholar Athlete Team
Brian Balsamo: All Division
Steve Casali: All Division, All County, All Long Island
Mike Marchello: All Division
Joe Ryan: All Academic, All Division, All County
Tom Ryan: All Division

Boys Varsity Soccer:

Scholar Athlete Team
League 1 Champions

Zach Galluzzo:	All Conference
Jason Santos:	All Conference
Nick Schook:	All Conference
William Silber:	All Academic
Andrew Tinari:	All Conference, All Long Island
Demetrios Tsiokas:	All League
Ansel Ueshiro:	All League

Girls Varsity Soccer

Scholar Athlete Team

Emily Hansen:	All Conference
Alexa Orlando:	All County
Alyssa Picascio:	All County, All Academic, All League Academic
Morgan Tinari:	All County

Girls Varsity Swimming:

Scholar Athlete Team

Mary Ansnan:	All League
Brenna Dowd:	All League
Abigail Groffmann:	All League
Carla Palma:	All League
Kianna Papele:	All League
Laura Young:	All League
Valerie Zeffiro:	All League, All County

Girls Varsity Tennis:

Scholar Athlete Team

Alyssa Julien:	Senior Sportsmanship Award
Danielle Lehmann:	All Division
Brianna Levine:	All Division
Samantha May:	All Division
Jenny Nussbaum:	All League
Jenna Scarola:	All League
Rebecca Stein:	All League

Boys Varsity Volleyball:

Scholar Athlete Team

Dominic Ceccoli:	All Academic
Randall Colsen:	All County, All Long Island
Morgan Genoino:	All League
Nick Laffin:	All League
Nestor Payne:	All League
Tim Raftice:	All County
Joseph Santarpia:	All League

Girls Varsity Volleyball:

Scholar Athlete Team

Amanda Hallstein:	All Conference
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Sachem North Post Season Award Winners

Boys Varsity Cross Country:

Scholar Athlete Team

Colin Eberhardt: All Academic, All League, All Division, All County, All Long Island

Girls Varsity Cross Country:

Scholar Athlete Team

Becca Duffy: All League

Kelly Lavan: All League, All County

Katie Michta: All League, All Division, All County

Varsity Field Hockey:

Scholar Athlete Team

Shayla Cosgrove: All Division

Chelsea Palma: All County

Victoria Schmidt: All County

Jessica Smalling: All County Honorable Mention

Rebecca Teta: All Conference

Varsity Football:

Scholar Athlete Team

Division I Champions

Big 4 Champions

Dave Falco, Division I Coach of the Year

Tyler Andreassi: All Division

Dalton Crossan: All County, All Division, Academic All Division All Long Island, All State, All Metro, Newsday Hansen Award Winner

Trent Crossan: All County, All Division, Academic All Division

John Fitzpatrick: All Division, Academic All Division

Vincent Fragale: All Division, Academic All Division

Vincent Juliano: All Division, Academic All Division

Cody Petillo: All Division

Malik Pierre: All Division

Vincent Provenzano: All County, All Division, All Long Island

Anthony Ross: All Division

John Shannon: All Division, Academic All Division

Jake Starling: All County

Boys Varsity Soccer:

Scholar Athlete Team

Eric D'Alessandro: All League

Kyle Nasso: All Academic

David Reyes: All Conference

Girls Varsity Soccer:

Scholar Athlete Team

Courtney Cohen: All Conference

Brianna Harris: All Conference

Erica Magalhaes: All League

Erin McNulty: All County

Ashlee Thompson: All Conference

Girls Varsity Swimming:

Scholar Athlete Team

Rachel Heymach: All County
Karly Vera: All League

Girls Varsity Tennis:

Scholar Athlete Team

Boys Varsity Volleyball:

Scholar Athlete Team

Matthew Cahill: All County
Jonathan Cariello: All League
John Echel: All League Honorable Mention
Chris Haun: All County, All Long Island
Shawn Murphy: All League
Steven Surico: All League

Girls Varsity Volleyball:

Scholar Athlete Team

Danielle Levine: All League
Lizette Martine: All Academic
Niki Nevola: All League

Girls Gymnastics (Combined):

Scholar Athlete Team

Gina Bogdanowicz: All County
Kerstyn Ciulla: All League
Carley DiMartino: All County
Samantha DiRosa: All County
Lexi Grasso: All League
Jackii Henz: All League
Christina Lark: All League
Kiersten Lopez: All League
Marissa Rachuta: All League
Sarah Rothbaum : All County
Laurel Spotton: All League
Jamie Tartaro: All League
Tori Tartaro: All League