

Sachem Central School District at Holbrook
James J. Nolan, Superintendent of Schools
Sachem High School North

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Assistant Principals
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Dear Parent:

The nurses at Sachem North would like to welcome your student to high school and review with you some procedures that may be necessary for him/her during the school year. **(All medical forms may be accessed on the Sachem North Web Page at www.sachem.edu):**

9th Grade: Scoliosis Screening

Sport Physical if participating in a sport on a sports physical card

10th Grade: Vision Screening

Hearing Screening

Physical – all students and for sports, physical form included as an attachment

Height and Weight including BMI status

Dental exam – form included as an attachment

11th Grade: Sport Physical – if participating in a sport

12th Grade: Sport Physical – if participating in a sport

PLEASE NOTE:

*ALL STUDENTS MUST TURN IN A COMPLETED AND SIGNED EMERGENCY CARD. THEY WILL NOT BE ABLE TO BE RELEASED FROM SCHOOL WITHOUT ONE.

*NO MEDICATION IS GIVEN IN SCHOOL WITHOUT A DOCTOR'S ORDER. FORMS CAN BE FOUND ON LINE AT www.Sachem.edu. **To access health service forms please go to the Sachem website www.sachem.edu and click:**

- **North**
- **Nurse's Office**
- **Health Service forms**

If your student is to take medication in school, please provide a doctor's order to do so. The medication should be in a labeled bottled.

*ALL STUDENTS WHO ARE SICK ARE TO BE RELEASED THROUGH THE NURSE'S OFFICE. PLEASE DO NOT HAVE THEM CALL YOU FROM A CELL PHONE OR PAY PHONE TO HAVE YOU PICK THEM UP WITHOUT COMING TO THE NURSE FIRST.

Sincerely,

Sachem North School Nurses